



Bistro

Cost: \$18.00

All entrées served with your choice of beverage, soup or salad, and dessert
Menu subject to change

Soup or Salad

Calabrian Caesar Salad

Chili Caesar dressing, cured egg yolk, Parmesan, crouton, chive

Pumpkin Soup

Roasted pumpkin, pepitas, cumin
Gluten free

Buffet Themes

Oct 7-9: Southern

Oct 14-16: Mexican

Oct 21-22: Mediterranean

Entrées

Cajun Seasoned Sirloin *

Mushroom leek sauce, corn maque choux, blackened green beans
Gluten free

Crispy Sesame Chicken with Fried Rice

Honey Sriracha sauce, fried rice with carrot, broccoli, sugar snap peas, onion, egg

Lobster Truffle Mac and Cheese

Lobster, Gruyère, toasted panko, lemon butter asparagus
Contains shellfish

Ricotta Gnocchi

Marinara sauce, garlic-seasoned asparagus, Parmesan
Vegetarian

Farmer's Market Burger*

Heirloom tomato, arugula, pickled onion, mushroom, Prairie Breeze, aioli, garlic-roasted Brussels sprout

Fish Tacos

Fried cod, cotija, avocado tomato salsa, purple cabbage, lime crema

Sautéed Ratatouille

Eggplant, zucchini, roasted bell pepper, tomato sauce, pearl couscous
Vegetarian

Voluntary gratuities are appreciated and help support student learning experiences, including educational meals, trips, and events for ICI students. Please note that gratuities are not distributed to individual students or staff.

Consumer Advisory:

**** Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain conditions.***

The Iowa Culinary Institute prides itself on providing students with the highest quality educational experience possible. The ICI Bistro is, first and foremost, a classroom in which every part of the guest's dining experience is provided by the students. We, as culinary educators, believe that our students will be well-equipped to support the workforce locally and beyond if our kitchen focuses on the foundations that are paramount to the industry: safety, professionalism, hospitality, teamwork, and consistency.