

DMACC Bloodborne Pathogens Exposure Control Plan

Safety and Security Department

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Developed in accordance with the OSHA Bloodborne Pathogens Standard 29 CFR 1910.1030

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DMACC Bloodborne Pathogens Exposure Control Plan

Purpose of the Plan

This Exposure Control Plan sets forth policies, procedures, equipment, personal protective equipment, and work practices directed at protecting employees from the health hazards associated with exposure to bloodborne pathogens (BBP) or other infectious agents in the workplace.

DMACC is committed to providing and maintaining a safe place of employment by communicating BBP information and training employees who may be exposed to blood or body fluids and the possibility of contracting bloodborne diseases. The purpose of this policy is to minimize or eliminate exposure to BBP, such as Hepatitis B (HBV), Hepatitis C (HCV), and Human Immunodeficiency Virus (HIV), and to outline the process to follow when an exposure occurs. All blood and body fluids shall be considered potentially infectious material and handled as directed by this policy. See Appendix I (pages 16 and 17) for definitions of terms used in this plan.

Employees will receive additional instructions and training from their supervisor for their specific work area. Employees may send suggestions or input for the plan to the Human Resources Compliance Officer, Carrie Haefner, cahaefner@dmacc.edu, 515-964-6288, or to the Safety Coordinator, Nathan Braymen, ntbraymen@dmacc.edu, 515-964-6214.

1) Occupational Exposure Determination

OSHA requires DMACC to maintain a list of all job classifications in which all or some employees have occupational exposure to BBP. The exposure determination is made without regard to the use of personal protective equipment. Specific courses with a risk are identified by departments and Human Resources and listed in Appendix II (page 18). The following departments/employees have been determined to have BBP exposure:

Job classifications or work areas in which all employees have occupational exposure:

- Athletics
- Campus Health Specialist/Nurse
- Custodians
- Recreation/Wellness
- Security
- Supervisor Construction Services
- Trail Point Aquatics & Wellness
- Childcare

Job classifications or work areas in which some employees have occupational exposure:

- Biology Instructors

- Lab Assistants
- Health Sciences
- Mortuary Science
- Veterinary Technician

2) Methods of Compliance

a) General

Standard Precautions shall be observed to prevent contact with blood or other potentially infectious materials. Under circumstances where differentiation between body fluid types is difficult or impossible, all body fluids shall be considered potentially infectious materials.

b) Engineering Controls

Engineering controls will be used to eliminate or minimize employee exposure.

- i) Engineering controls will be examined at the beginning of each semester and maintained or replaced to ensure their effectiveness. Each department shall be responsible for examining their own engineering controls and maintaining or replacing controls as needed.
- ii) The following engineering controls will be used where there is occupational exposure:
 - (a) **Hand washing.** Hand washing facilities (or antiseptic hand cleansers and towels or antiseptic towelettes), which are readily accessible to all employees who have the potential for exposure. When antiseptic hand cleansers or towelettes are used, hands shall be washed with soap and running water as soon as feasible. Departmental supervisors must ensure that employees wash hands and any other exposed skin with soap and water, and flush mucous membranes with water immediately or as soon as feasible following contact with body areas with potential for BBP.
 - (b) **Needles.** All needles that could be contaminated with BBP are required to have a protective device or safety sheath to cover the needle after use. Recapping must be accomplished through the use of a mechanical technique. After recapping, needles are to be disposed of in a puncture-resistant container (see 3 below).
 - (c) **Puncture-resistant containers.** All needles, lancets, or broken glass that may be contaminated will be placed in puncture-resistant containers immediately or as soon as feasible. These containers are also to be used for any sharps (contaminated or not). Puncture-resistant containers need to be readily accessible and within easy reach. The container will be color-coded or labeled with a biohazard warning label, if contaminated, and will be leak-proof on the sides and bottom.
 - (d) **Mechanical pipettes.** These devices will be used at all times when pipetting blood or body fluids or reagents. Mouth pipetting/suctioning of blood or other potentially infectious materials is prohibited.
 - (e) **Hoods.** Hoods will be required if, in the course of work, aerosols will be formed, e.g., when microbiological culturing using open flames.

c) Work Practice Controls

Work practice controls shall be used to eliminate or minimize employee exposure to bloodborne pathogens.

- i) Following any contact of body areas with blood, employees wash their hands and any other exposed skin with soap and water as soon as possible. They also must flush exposed mucous membranes with water for a minimum of 15 minutes.
- ii) Eating, drinking, smoking, applying cosmetics or lip balm, and handling contact lenses is prohibited in work areas where there is potential for exposure to bloodborne pathogens.
- iii) Food and drink are not kept in refrigerators, freezers, on countertops, or in other storage areas where blood or other potentially infectious materials are present.
- iv) All procedures involving blood or other infectious materials minimize splashing, spraying, or other actions generating droplets of these materials.

d) Specimens

- i) Specimens of blood or other materials are placed in designated leak-proof containers, appropriately labeled, for handling and storage.
- ii) If outside contamination of a primary specimen container occurs, that container is placed within a second leak-proof container, appropriately labeled, for handling and storage. If the specimen can puncture the primary container, the secondary container must be puncture-resistant as well.

e) Contaminated Equipment

- i) Equipment that becomes contaminated is examined prior to servicing or shipping and decontaminated as necessary (unless it can be demonstrated that decontamination is not feasible).
 - (a) An appropriate biohazard warning label is attached to any contaminated equipment, identifying the contaminated portions.
 - (b) Information regarding the remaining contamination is conveyed to all affected employees, the equipment manufacturer, and the equipment service representative prior to handling, servicing, or shipping.

f) Cleanup After Unscheduled or Emergency Contamination

For cleanup after an unscheduled or emergency contamination of the workspace, the first point of contact should be the custodial staff at the specific location who have received training in biohazard cleanup. When needed, Biohazard Cleanup Kits will be available and contain:

- Vinyl or other suitable gloves
- Eye protection

- Disposable coveralls to protect clothing
- Ample amount of absorbent material

Trained employees who use a Biohazard Cleanup Kit are required to contact the Custodial Supervisor (x6677) to help facilitate reordering of kits and recordkeeping.

3) Personal Protective Equipment (PPE)

- a) When there is occupational exposure, DMACC shall provide, at no cost to the employee, appropriate personal protective equipment (PPE) such as, but not limited to, gloves, gowns, face shields or other face coverings, eye protection, and other protective gear. PPE will be considered “appropriate” only if it does not permit blood or other potentially infectious materials to pass through to or reach the employee’s work clothes, street clothes, undergarments, skin, eyes, mouth, or other mucous membranes under normal conditions of use and for the duration of time which the protective equipment will be used. (Note: The cost of preferred and not required modifications to PPE, such as prescription goggles, is the employee’s responsibility.)
- b) Each department will make readily available any PPE required to perform the tasks/job duties of the positions assigned to that department. Any respirators, including N95 or other respirators, require an employee to undergo and pass a medical evaluation and a fit-test prior to use.
- c) Employees shall use appropriate PPE at all times.
- d) In labs where routine exposure risks exist, the PPE will not leave the work area as it is considered “dirty.”
- e) Vinyl or other suitable disposable gloves are mandatory when contact with blood or body fluids is possible. Gloves are also required when instructing students in phlebotomy. Gloves will be placed within easy reach of persons using them and will be worn as indicated above. (Hypoallergenic gloves, glove liners, powderless gloves, or other similar alternatives will be readily available to employees who are allergic to the gloves normally provided.) Disposable gloves will not be washed or decontaminated for reuse. Disposable gloves will be replaced when contaminated or as soon as feasible if they are torn, punctured, or their ability to function as a barrier is compromised.
- f) Face coverings and eye protection will be required whenever splashes, splatter, or aerosols of blood or body fluids may be generated and potential for mucous membrane exposure exists. Examples include uncapping tubes of blood or blood products or urine tubes, or suctioning.
- g) PPE will be in proper repair at all times. Report all PPE in need of cleaning or replacement to the supervisor or lab coordinator. Gloves that are dirty or defective must be disposed of properly.
- h) PPE must be put on and removed utilizing best donning and doffing practices. When PPE is removed, it shall be placed in an appropriately designated area or container for storage, washing, decontamination, or disposal.
- i) DMACC will repair or replace PPE as needed to maintain its effectiveness, at no cost to employees.
- j) Each department is responsible for properly cleaning the PPE and laundry from their area that needs cleaning according to protocols and procedures established by that department. If disposable PPE is preferred, then proper disposal is required.

Any disposable PPE exposed to blood, blood products, body fluids, etc., will be considered a biohazard and must be disposed of in a biohazard bag following the infectious waste disposal protocol located on page 8 of this plan.

4) Housekeeping

- a) All equipment and work surfaces shall be properly cleaned and disinfected on a routine basis and after contact with blood and/or body fluids. Potentially contaminated broken glassware is picked up using mechanical means (such as dustpan and brush, tongs, forceps, etc.). All bins, pails, cans, and similar receptacles intended for reuse that have a reasonable likelihood of becoming contaminated with blood or other potentially infectious materials shall be inspected and decontaminated on a regular basis and cleaned and decontaminated immediately or as soon as feasible after contamination. If custodial personnel are available at the time of cleaning, their assistance should be requested. The Assistant Custodial Supervisor may be reached at 515-577-1298. The Custodial Supervisor may be reached at 515-964-6677 or 515-249-4203. On the Urban campus, custodial assistance may be requested by contacting Urban Campus Security at 515-248-7200. For all other campuses, contact the Building and Grounds Supervisor to request custodial assistance. If an incident occurs when custodial staff are not available, then other BBP-exposure-trained employees will perform the cleanup/decontamination.

b) **Infectious Waste Disposal**

All contaminated items such as gloves, masks, microbiological cultures, etc., are to be placed in biohazard bags that are closable, constructed to contain all contents, and prevent leakage of fluids during handling, storage, transport, or shipping. The waste must be labeled or placed in red biohazard bags and closed prior to removal to avoid spillage or protrusion of contents. Waste should be double-bagged if there is a potential for leakage. These bags should then be placed in an infectious waste box if one is provided in your area. If you are unable to locate an infectious waste box, please contact your campus Custodial Services area immediately for proper disposal.

Immediately after use, sharps, syringes with needles, and tubes of blood shall be disposed of in closable, puncture-resistant, disposable containers that are leak-proof (sides and bottom) and appropriately labeled and color-coded. Sharps containers will be easily accessible, routinely replaced, and not allowed to become overfilled. Sharps containers are to be maintained upright throughout use. These containers are to be closed prior to removal or replacement to avoid spillage or protrusion of contents during handling, storage, transport, or shipping. On the Ankeny campus only, if you are unable to locate a sharps container in your area, please contact Campus Security at 515-964-6500 for proper removal of sharps, syringes with needles, or tubes of blood.

Infectious waste should be placed in biohazard bags by trained DMACC personnel and disposed of in an infectious waste box on campus. Below is the location for the infectious waste box on each campus:

- Ankeny Campus - Building 24 (pick up key in dean's office)
- Boone Campus - Biology Department
- Carroll Campus - Biology Department
- Newton Campus - Biology Department
- Urban Campus - Building 2, Room 208
- West Campus - Biology Lab

Metro Waste Authority picks up hazardous waste twice per year, typically in June and December. The medical waste contractor for DMAACC is responsible for disposal according to state and federal regulations.

c) **Laundry**

Contaminated laundry will be handled as little as possible with a minimum of agitation. Contaminated laundry will be bagged at the location where it was used by a trained employee using appropriate PPE and will not be sorted or rinsed in the location of use. Whenever contaminated laundry is wet and presents a reasonable likelihood of soak-through or leakage from the bag, the contaminated laundry must be placed and transported in bags that prevent soak-through. Bags will be properly labeled as biohazard waste or color-coded.

5) Information and Training

- a) All employees with occupational exposure must receive BBP training every 12 months. The training will be provided at no cost to the employee. Training shall be completed by employees in positions with occupational exposure at the time of initial employment and at least annually thereafter. Departments are encouraged to coordinate training with other areas and to share resources when possible. Human Resources should be informed of training opportunities to promote these opportunities to those who require training. The person conducting the training must be knowledgeable in the subject matter covered in the training program.
- b) The topics covered in the training program must include, but need not be limited to, the following:
 - i) The Bloodborne Pathogens Standard itself.
 - ii) The epidemiology and symptoms of bloodborne diseases.
 - iii) The modes of transmission of bloodborne pathogens.
 - iv) DMACC's Exposure Control Plan (and where employees can obtain a copy).
 - v) Appropriate methods for recognizing tasks and other activities that may involve exposure to blood and other potentially infectious materials.
 - vi) A review of the use and limitations of methods that will prevent or reduce exposure, including:
 - i. Engineering controls.
 - ii. Work practice controls.
 - iii. Personal protective equipment.
 - vii) Selection and use of personal protective equipment, including:
 - i. Types available.
 - ii. Proper use.
 - iii. Location within the facility.
 - iv. Removal.
 - v. Handling.
 - vi. Decontamination.
 - vii. Disposal.
 - viii) Visual warnings of biohazards within our facility, including labels, signs, and "color-coded" containers.
 - ix) Information on the Hepatitis B Vaccine, including its:
 - i. Efficacy.
 - ii. Safety.
 - iii. Methods of Administration.
 - iv. Benefits of Vaccination.
 - v. DMACC's free Hepatitis B vaccination program.
 - x) Actions to take and persons to contact in an emergency involving blood or other potentially infectious materials.

- xi) The procedures to follow if an exposure incident occurs, including incident reporting.
 - xii) Information on the post-exposure evaluation and follow-up, including medical consultation, that DMACC will provide.
 - xiii) Any new tasks or procedures as appropriate.
 - xiv) The opportunity for employees to ask questions of the person conducting the training.
- c) Training methods may include face-to-face instruction, multimedia programs, internet-based training, employee handouts, and discussion. Participants will be given the opportunity to ask questions. The Compliance Officer in Human Resources can provide information on training options available at DMACC. Training obtained from outside organizations is acceptable as long as all topics required by OSHA and listed in section 5b (beginning on page 9) are included in the training.
- d) **Training Records**
- Training completion information must be provided to HR so that the training can be properly recorded. Employees should submit training certificates as proof of training. Forms used to report training presented to groups of employees are located on pages 19 and 20 of this document. Records of employee training will be maintained by HR for three years. Training records must contain the following information:
- Dates of training sessions.
 - Information regarding the content/title of the training session and the instructor.
 - Names of employee(s) attending the training session(s).

6) Hepatitis B Vaccination, Post-Exposure Evaluation, and Follow-Up

- a) Hepatitis B Vaccinations are to be offered to all employees in positions with exposure within the first 10 working days of hire. Supervisors are responsible for making employees aware of this option.

Hepatitis B vaccinations may be obtained by employees in positions with exposure at the provider of their choosing. The College will reimburse employees in positions with exposure for the cost of Hep B vaccinations. Vaccinations are offered at medical providers and at various pharmacies as well as through the local county health department. Hep B vaccinations may begin after the employee has received required Bloodborne Pathogens training. Training should be completed within 10 working days of the employee's initial assignment to a position with occupational exposure. The vaccination series should also begin within 10 working days of initial assignment to a position with occupational exposure, unless the employee has previously received the complete hepatitis B vaccination series, antibody testing has revealed that the employee is immune, or the vaccine is contraindicated for medical reasons. Participation in a prescreening program is not a prerequisite for receiving hepatitis B vaccinations.

It is the employee's responsibility to seek out a location to obtain their Hep B vaccinations and to turn in the completed Hep B form (Page 22) once vaccinations are obtained. For reimbursement, employees will need to submit their payment receipt or invoice (after any applicable insurance payments). The applicable Dean/Provost or Director's office can assist the employee with information on requesting reimbursement by submitting an employee expense report.

Employees who refuse the hepatitis B vaccinations are required to sign a statement of declination. See Appendix V (page 23) for the declination form. Supervisors are responsible for ensuring that either the declination form is completed and sent to Human Resources or the vaccination process is started within the first 10 working days of initial assignment to a position with occupational exposure.

An employee may initially decline hepatitis B vaccinations but at a later date decide to accept the vaccinations. If a routine booster dose(s) of hepatitis B vaccine is recommended at a future date, such booster dose(s) shall be made available at no cost to the employee. At this time, the CDC does not recommend a booster dose(s) unless an individual has been diagnosed as severely immune deficient.

b) Post-Exposure Evaluation and Follow-Up

Post-exposure evaluation and follow-up are available at no cost to any employee who has an exposure incident. Testing for source individuals is provided at no cost. Post-exposure Evaluation and Follow-Up (see Appendix VI DMACC Procedure for BBP Incidents - page 24).

- i) Following a report of an exposure incident, DMACC shall make immediately available to the exposed employee a confidential medical evaluation and follow-up, including at least the following elements:
- i. Documentation of the exposure and the circumstances under which the exposure incident occurred.
 - ii. Identification and documentation of the source individual, unless identification is infeasible or prohibited by state or local law.

- (a) The source individual's blood shall be tested, at no cost to the individual, as soon as feasible and after consent is obtained in order to determine HBV, HCV, and HIV infectivity. If consent is not obtained, the employer shall establish that legally required consent cannot be obtained. When the source individual's consent is not required by law, the source individual's blood, if available, shall be tested and the results documented.
 - (b) When the source individual is already known to be infected with HBV, HCV, or HIV, testing for the source individual's known HBV, HCV, or HIV status need not be repeated.
 - (c) Results of the source individual's testing shall be made available to the exposed employee, and the employee shall be informed of applicable laws and regulations concerning disclosure of the identity and infectious status of the source individual.
- iii. Collection and testing of blood for HBV, HCV, and HIV serological status:
- (a) The exposed employee's blood shall be collected as soon as feasible and tested after consent is obtained. (See Appendix VI.)
 - (b) If the employee consents to baseline blood collection but does not give consent at that time for HIV serologic testing, the sample shall be preserved for at least 90 days. If, within 90 days of the exposure incident, the employee elects to have the baseline sample tested, such testing shall be done as soon as feasible.
 - (c) DMACC shall ensure that all laboratory tests are conducted by an accredited laboratory at no cost to the employee or the source individual.

The person exposed and the individual who is the exposure source will need to have blood drawn at a DMACC-designated workplace injury/illness medical provider. A list of designated providers is located at the following website: <https://www.dmacc.edu/hr/forms/Public/workplaceinjury/illnessproviderlist.pdf>. The medical provider will provide the following post-exposure evaluation and follow-up services:

- i. Post-exposure prophylaxis, when medically indicated, as recommended by the U.S. Public Health Service.
 - ii. Counseling.
 - iii. Evaluation of reported illnesses.
- ii) All post-exposure and follow-up treatment will be at no cost to the employee.
- iii) The healthcare professional evaluating an employee after an exposure incident will be provided the following information:
- i. A description of the exposed employee's duties as they relate to the exposure incident.
 - ii. Documentation of the route(s) of exposure and circumstances under which exposure occurred.
 - iii. Results of the source individual's blood testing, if available.
 - iv. Information from the employee, including all medical records relevant to the appropriate treatment of the employee, including vaccination status.

- iv) The healthcare professional will prepare a written opinion evaluating the exposed employee's situation and plan of care. A copy of this written opinion will be provided to the employer within 15 days of completion of the evaluation.

The healthcare professional's written opinion for Hepatitis B vaccination shall be limited to whether Hepatitis B vaccination is indicated for an employee and if the employee has received such vaccination.

The healthcare professional's written opinion for post-exposure evaluation and follow-up shall be limited to the following information:

- a. That the employee has been informed of the results of the evaluation.
- b. That the employee has been told about any medical conditions resulting from exposure to blood or other potentially infectious materials that require further evaluation or treatment.

All other findings or diagnoses shall remain confidential and shall not be included in the written report.

- v) The DMACC Procedure for BBP Exposure Incidents is attached in Appendix VI (page 24).

7) Medical Recordkeeping

- a) An accurate medical record for each employee with occupational exposure will be established and maintained. This record shall include:
 - i) The name and identification information for the employee.
 - ii) A copy of the employee's hepatitis B vaccination status, including the dates of all the hepatitis B vaccinations and any medical records relative to the employee's ability to receive vaccination.
- b) If there is an exposure incident, a copy of all results of examinations, medical testing, and follow-up procedures will be maintained as follows:
 - i) The employer's copy of the healthcare professional's written opinion.
 - ii) A copy of the information provided to the healthcare professional.
- c) **Confidentiality.** The employee medical records required above will be:
 - i) Kept confidential.
 - ii) Not disclosed or reported without the employee's express written consent to any person within or outside the workplace except as required by this section or as may be required by law.
- d) **Sharps Injury Information** is recorded and maintained electronically. The information must include the type and brand of device involved in the incident, the department where the exposure occurred, and an explanation of how the injury occurred. The information on the sharps injury must be recorded and maintained in a way that protects the confidentiality of the injured employee. Sharps Injuries are reported through the Incident Report Form, which can be found at Incident Report Form or by using the A-Z index on the DMACC home page at www.dmacc.edu. If you are injured at work or a student is injured during the course of instruction in your classroom, you must immediately complete the following steps:
 - (a) **Emergency Care:** In the event of an emergency, seek immediate treatment at the nearest emergency facility. When it is safe to do so, move forward with the following steps.
 - (b) **Report Your Work-Injury:** Immediately report your work-injury to your supervisor, if available.
 - (c) **Phone EMC OnCall Nurse at 1-844-322-4668 (24 hours/7 days a week):** You and your supervisor, if available, should call EMC OnCall Nurse. Please identify yourself as an employee or student of DMACC. You will then discuss the extent of your injury with a registered nurse and be guided to the appropriate level of care. Please conduct this phone call in a private space if possible. If any personal medical questions are asked by the triage nurse, the supervisor or instructor should leave the room to allow for privacy for the injured party.
 - (d) **Follow EMC OnCall Nurse's Instructions:** When care is needed, the registered nurse will provide treatment recommendations and/or a preferred medical facility for work-injury treatment. Please proceed with treatment as recommended by the EMC OnCall Nurse.

- e) DMACC shall maintain the records required by this section for at least the duration of employment plus 30 years in accordance with 29 CFR 1910.1020. The records will be maintained in the Human Resources Department.
- f) If DMACC ceases to do business and there is no successor to receive and retain the records for the prescribed period, DMACC will notify the Director of NIOSH at least three months prior to their disposal and transmit them to the Director if so directed.

8) Availability of the Exposure Control Plan to Employees

DMAcc's Bloodborne Pathogens Exposure Control Plan is available to employees at any time through the following website: <https://www.dmacc.edu/hr/Documents/bbpathogenplan.pdf>. Employees are advised of this availability through the annual compliance announcement and annually when the plan is reviewed and updated. The following locations will provide a paper copy of the plan upon request:

- Human Resources Department (x6288)
- Campus Provosts' Offices
- Academic Deans' Offices
- Physical Plant (x66212)
- Campus Health Specialist's Office (x6352)

9) Review and Update of the Plan

It is important to keep the DMAcc Bloodborne Pathogens Exposure Control Plan up to date. To ensure this, the plan will be reviewed under the following circumstances:

- Annually.
- Whenever new or modified tasks and procedures are implemented that affect occupational exposure of our employees.
- Whenever jobs are revised such that new instances of occupational exposure may occur.
- Whenever new positions are established within the college that may involve exposure to bloodborne pathogens.
- Whenever changes occur in technology that would eliminate or reduce BBP exposure. Appropriate commercially available and effective safer medical devices designed to eliminate or minimize occupational exposure will be considered and implemented as they become available.

Employees who fail to comply with the guidelines in this plan are subject to progressive discipline as outlined in Human Resources Procedure 3235.

Appendix I: Definitions

Blood Human blood, human blood components, and products made from human blood.

Bloodborne Pathogens (BBP) Pathogenic microorganisms that are present in human blood and can cause disease in humans. These pathogens include, but are not limited to, Hepatitis B Virus (HBV), Hepatitis C (HCV), and Human Immunodeficiency Virus (HIV).

Contaminated The presence or the reasonably anticipated presence of blood or other potentially infectious materials.

Contaminated Laundry Laundry that has been soiled with blood or other potentially infectious materials or may contain sharps.

Contaminated Sharps Any contaminated object that can penetrate the skin, including, but not limited to, needles, sharps, and broken capillary tubes.

Decontamination The use of physical or chemical means to remove, inactivate, or destroy bloodborne pathogens on a surface or item to the point where they are no longer capable of transmitting infectious particles and the surface or item is rendered safe for handling, use, or disposal.

Disinfect To inactivate virtually all recognized pathogenic microorganisms but not necessarily all microbial forms (e.g., bacterial endospores) on inanimate objects.

Exposure Incident A specific eye, mouth, other mucous membrane, non-intact skin, or parenteral contact with blood or other potentially infectious materials that results from the performance of an employee's duties.

Hand Washing Facilities A facility providing an adequate supply of running potable water, soap, and single-use towels or hot air drying machines.

HBV Hepatitis B virus.

HCV Hepatitis C virus.

HIV Human Immunodeficiency Virus.

Infectious Waste Blood and blood products, contaminated sharps, pathological wastes, and microbiological wastes.

Licensed Healthcare Professional A person whose legally permitted scope of practice allows them to independently perform the activities required for Hepatitis B vaccination and Post-Exposure Evaluation and Follow-Up.

Occupational Exposure Reasonably anticipated skin, eye, mucous membrane, or parenteral contact with blood or OPIM that may result from the performance of the employee's job duties.

Other Potentially Infectious Material (OPIM) The following body fluids: semen, vaginal secretion, cerebrospinal fluid, synovial fluid, pleural fluid, pericardial fluid, peritoneal fluid, amniotic fluid, and any body fluid that is visibly contaminated with blood.

Parenteral Exposure occurring as a result of piercing the skin barrier.

Personal Protective Equipment (PPE) Specialized clothing or equipment worn by an employee to protect them from a hazard.

Regulated Wastes Liquid or semi-liquid blood or other potentially infectious materials; contaminated items that would release blood or other potentially infectious materials in a liquid or semi-liquid state if compressed; items that are caked with dried blood or other potentially infectious material and are capable of releasing these materials during handling; contaminated sharps; and pathological and microbiological wastes containing blood or other potentially infectious materials.

Sharps Any object that can penetrate the skin, including, but not limited to, needles, sharps, and broken capillary tubes.

Standard Precautions A method of infection control in which all human blood and body fluids are treated as if known to be infectious for HIV, HBV, HCV, or other bloodborne pathogens. Standard Precautions are intended to protect employees from parenteral, mucous membrane, and non-intact skin exposures to bloodborne pathogens.

Work Practice Controls Controls that reduce the likelihood of exposure by altering the manner in which a task is performed.

Appendix II: Course List

Courses for which instructors have occupational exposure (without regard to the use of personal protective equipment):

1. **Anthropology:** ANT140 (Boundary Waters Canoe Trip).
2. **Athletics/Physical Education Courses:** PEA102, PEA110, PEA117, PEA134, PEA144, PEA146, PEA164, PEA174, PEA176, PEA184, PEA187, PEA234, PEA248, PEA284, PEH266, PEV115, PEV121, PEV122, PEV130, PEV140, PEV160, PEV170, and PEV190.
3. **Biology Courses:** BIO156, BIO157, BIO164, BIO168, BIO173, BIO186, BIO191, BIO732, BIO733, BIO734, and BIO900.
4. **Criminal Justice:** CRJ198, CRJ292.
5. **Dental Assistant Courses:** DEA297, DEA321, DEA424, DEA507, DEA576, DEA577, and DEA615.
6. **Dental Hygiene Courses:** DHY161, DHY170, DHY171, DHY181, DHY182, DHY221, DHY223, DHY281, DHY282, DHY291, DHY292, DHY301, and DHY302.
7. **Early Childhood Education Courses:** ECE106, ECE262, ECE268, ECE343, ECE359, and ECE930.
8. **Electronics Technician Course:** ELT585.
9. **Emergency Medical Technician Courses:** EMS214, EMS401, EMS402, EMS467, EMS468, EMS471, EMS473, EMS476, EMS480, EMS483, EMS501, EMS503, EMS505.
10. **Fire Science Courses:** FIR111, and FIR211.
11. **Medical Assistant Courses:** MAP225, MAP228, MAP264, MAP265, MAP347, MAP348, MAP550, MAP551, MAP624, and MAP650.
12. **Medical Laboratory Technology Courses:** MLT115, MLT120, MLT180, MLT232, MLT242, MLT251, MLT261, MLT270, MLT282, and MLT289.
13. **Mortuary Science Courses:** MOR335, MOR336, MOR340, MOR341, MOR346, MOR340, MOR341.
14. **Nurse Aide/Orderly Courses:** HSC101, HSC172, HSC182, HSC231, HSC232.
15. **Nursing Courses:** ADN126, ADN140, ADN210, ADN240, ADN416, ADN420, ADN450, ADN474, ADN520, ADN550, ADN551, ADN611, ADN821, PNN151, PNN152, PNN153, PNN351, PNN605, PNN606.
16. **Optometric Technician Courses:** OPT110, OPT112, OPT123, OPT140, OPT803, and OPT818.
17. **Phlebotomy Courses:** PHB113, and PHB280.

18. **Respiratory Therapy Courses:** RCP110, RCP405, RCP410, RCP500, RCP501, RCP601, RCP700, RCP701, RCP702, RCP703, RCP704, RCP705, RCP710, RCP715, RCP720, and RCP805.
19. **Surgical Technology Courses:** SUR805, SUR810, SUR811, and SUR910.
20. **Veterinary Technology Courses:** AGV151, AGV166, and AGV266.

Appendix III: Information and Training Record for Trainers Conducting BBP Training at DMACC

Date of training: _____

Trainer(s) name(s) and qualifications: _____

The following elements were covered during the training:

- An accessible copy of the text of the OSHA Standard and an explanation of its contents.
- A general explanation of the epidemiology and symptoms of bloodborne diseases.
- An explanation of the modes of transmission of bloodborne pathogens.
- An explanation of the DMACC exposure control plan and the means by which employees can obtain a copy of the written plan.
- An explanation of the appropriate methods for recognizing tasks/activities that may involve exposure to blood and other potentially infectious materials.
- An explanation of the use and limitations of methods that will prevent or reduce exposure: i.e., engineering controls, work practices, and personal protective equipment.
- Information on the types, proper use, location, removal, handling, decontamination, and disposal of personal protective equipment or other contaminated items.
- Labels, signs, and “color-coded” containers for biohazards.
- An explanation of the basis for selection of personal protective equipment.
- Information on the HBV vaccine, its efficacy, safety, method of administration, benefits of vaccination, and provision at no cost to the employee.
- Information on the appropriate actions to take and persons to contact in an emergency involving blood and other potentially infectious materials.
- An explanation of the procedures to follow if an exposure incident occurs, the method of reporting, and the medical follow-up that is available.
- Information on the post-exposure evaluation and follow-up that is provided.
- An explanation of the signs, symbols, and color-coding of biohazards.
- Any new tasks or procedures implemented since previous training.
- An opportunity for an interactive question and answer session between trainer(s) and employee(s).

A list of names, job titles, and DMACC identification numbers for all employees attending this training is attached.

Signature of Training Coordinator: _____

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Attendance List - BBP Group Training Sessions

DATE: _____

Trainer: _____

Name (Please Print)	Job Title	DMACC ID or last 4 of SSN	Phone Number
_____	_____	_____	_____

PLEASE NOTE: If your name is not legible, credit for attendance cannot be recorded.

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Appendix IV: DMACC Hepatitis B Vaccination Record

Employee Information (please print):

Name: _____ Employee ID/900#: _____

Position held at DMACC with Hep B Exposure: _____

Department: _____

I understand that due to my occupational exposure to blood or other potentially infectious materials, I may be at risk of acquiring hepatitis B virus (HBV) infection. I have been given information on the hepatitis B vaccine, including information on its efficacy, safety, method of administration, and benefits of being vaccinated. I also understand that the vaccine and vaccination series will be offered free of charge.

Signature: _____ Date: _____

Information to be completed by Department:

The employee listed above is eligible for the Hep B inoculations due to BBP exposure:

Departmental approver signature: _____ Date: _____

This section to be completed by the location where inoculation is received:

Inoculation Dates:

Hepatitis 1 Date: _____ Location: _____ By: _____

Hepatitis 2 Date: _____ Location: _____ By: _____

Hepatitis 3 Date: _____ Location: _____ By: _____

NOTE: Completed form to be returned to DMACC Human Resources for employee's medical file.

Appendix V: DMACC Hepatitis B Vaccine Declination

I understand that due to my occupational exposure to blood or other potentially infectious materials, I may be at risk of acquiring hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with hepatitis B vaccine at no charge to myself.

However, I decline hepatitis B vaccination at this time. I understand that by declining this vaccine, I continue to be at risk of acquiring hepatitis B, a serious disease, unless I have previously received recommended hepatitis B vaccinations. If in the future I continue to have occupational exposure to blood or other potentially infectious materials and I want to be vaccinated with hepatitis B vaccine, I can receive the vaccination series at no charge to me.

Employee Name (print): _____

DMACC ID Number: _____

Employee Signature: _____ Date: _____

Distribution: Original - HR, Copy - Supervisor

Appendix VI: DMACC Procedure for Bloodborne Pathogen Exposure Incidents

Adhere to Standard Precautions and OSHA bloodborne pathogen standards. This includes safe handling and disposing of sharps and contaminated material, adherence to exposure control policies, use of Personal Protective Equipment (PPE), and immediate reporting of exposure incidents. If an employee is stuck with a needle or sharp object or exposed to blood or body fluids while performing the duties of their position or while at a work location, IMMEDIATELY wash the affected area with soap and running water, use appropriate first aid, and contact the appropriate supervisor. The supervisor will proceed as follows:

IT IS VITAL THAT ACTION BE TAKEN IMMEDIATELY, AS DELAY BEYOND 3 HOURS MAY AFFECT TREATMENT OUTCOMES.

For all exposure incidents:

The exposed employee and the individual who is the exposure source will need to have blood drawn at a DMACC-designated workers' compensation treatment center. The workplace injury/illness medical provider list is located at https://www.dmacc.edu/hr/forms/Public/workplace_injury_medical_provider_list.pdf. If you are injured at work or a student is injured during the course of instruction in your classroom, you must immediately complete the following steps:

1. **Emergency Care:** In the event of an emergency, seek immediate treatment at the nearest emergency facility. When it is safe to do so, move forward with the following steps.
2. **Report Your Work-Injury:** Immediately report your work-injury to your supervisor, if available.
3. **Phone EMC OnCall Nurse at 1-844-322-4668 (24 hours/7 days a week):** You and your supervisor, if available, should call EMC OnCall Nurse. Please identify yourself as an employee or student of DMACC. You will then discuss the extent of your injury with a registered nurse and be guided to the appropriate level of care. Please conduct this phone call in a private space if possible. If any personal medical questions are asked by the triage nurse, the supervisor or instructor should leave the room to allow for privacy for the injured party.
4. **Follow EMC OnCall Nurse's Instructions:** When care is needed, the registered nurse will provide treatment recommendations and/or a preferred medical facility for work-injury treatment. Please proceed with treatment as recommended by the EMC OnCall Nurse.

If you have questions regarding this process, please call the Human Resources Benefits Specialist, your workers' compensation contact at DMACC: 515-964-6258.

EMERGENCIES: call 911 and proceed with required paperwork after the emergency has passed.

NOTE: Individuals who choose to have evaluation or treatment at their personal physician may assume cost.

The DMACC Campus Health Specialist is available during regular business hours at 515-964-6352 for consultation or questions.