

Background: Cheyenne Hanson

Cheyenne Hanson is a well-known author of her book, *Hidden Scars*, which was published in 2020. In the book, she talks about her struggles of being abused, manipulated, controlled, and more. Cheyenne is a survivor of 14 years of sexual and domestic abuse. Hanson describes feeling like a prisoner in her own world, dealing with all these horrible things without anyone knowing. Cheyenne Hanson is not to be mistaken as a victim but rather a survivor who has accomplished so much after enduring abuse. She was born and raised in Omaha, Nebraska where she continues to reside along with her family. After high school, Cheyenne got a 4-year scholarship to play basketball at Midland University. She started going to university wanting a degree in nursing, then switched to criminal justice during her sophomore year. Hanson graduated from Midland University in 2020 with a bachelor's degree in criminal justice and corrections. During 2019, she did an internship with the Fremont Police Department, where she got hands-on experience working with law enforcement, the local county jail, drug corps, and detective agencies. This led to her employment in 2022 with the Douglas County Sheriff's office in Omaha, Nebraska, as a county Sheriff. She also has been a security officer since 2019, contracted to work with local hospitals. Now, Cheyenne goes around talking to people about her story and spreading awareness about abuse. Along with giving speeches to spread awareness, she also writes monthly entries in her local crisis center. Cheyenne Hanson is an extraordinary person who has endured so much and continues to help others.

Works Cited

Hanson, Cheyenne. "Hidden Scars." *ArchwayPublishing*, 8 July 2020,

www.archwaypublishing.com/en/bookstore/bookdetails/773256-Hidden-Scars#:~:text=Cheyenne%20Hanson%20is%20a%20survivor%20of%20fourteen%20years,the%20monthly%20newsletters%20for%20her%20local%20crisis%20center.

LinkedIn: www.linkedin.com/in/cheyenne-hanson-3a55ba163. Accessed 2 Apr. 2025.