

# DMACC Associate in Arts (AA) Degree Tracking Form 2025-26

## Southeast Polk High School

Courses in **blue** are offered at Southeast Polk High School for DMACC credit  
 Courses in **black** will need to be completed through DMACC (online or on-campus)

### A. Communications 9 credits

Students must take three courses:

Course	Course Title (high school course)	Credits
<u>ENG 105</u>	<u>Composition I (Advanced Comp I)</u>	3
<u>ENG 106</u>	<u>Composition II (Advanced Comp II)</u>	3
<u>SPC 101</u>	Fundamentals of Oral Communication	3
<u>SPC 122*</u>	Interpersonal Communication	3

### B. Social & Behavioral Sciences 9 credits

Students must complete at least 3 courses. Each course must be from a DIFFERENT SUBJECT (example: HIS, PSY, and SOC).

Course	Course Title	Credits
<u>ANT 105*</u>	Cultural Anthropology	3
<u>ECN 120</u>	Principles of Macroeconomics	3
<u>ECN 130</u>	Principles of Microeconomics	3
<u>GEO 111*</u>	Introduction to Geography	3
<u>GEO 124*</u>	Reg Geography of the Non-West World	3
<u>HIS 110*</u>	Western Civ: Ancient to Early Modern	3
<u>HIS 111*</u>	Western Civ: Early Modern to Present	3
<u>HIS 151*</u>	U.S. History to 1877	3
<u>HIS 152*</u>	U.S. History since 1877	3
<u>HIS 257*</u>	African American History	3
<u>JOU 110</u>	Introduction to Mass Media	3
<u>JOU 113/COM 146*</u>	Gender, Sexuality & Media	3
<u>JOU 114/COM 148*</u>	Diversity & the Media	3
<u>POL 111*</u>	American National Government	3
<u>POL 112</u>	American State and Local Government	3
<u>POL 121*</u>	International Relations	3
<u>POL 125*</u>	Comparative Government and Politics	3
<u>POL 171</u>	Introduction to Public Administration	3
<u>PSY 111</u>	Introduction to Psychology	3
<u>PSY 121</u>	Developmental Psychology	3
<u>PSY 241*</u>	Abnormal Psychology	3
<u>PSY 251*</u>	Social Psychology	3
<u>PSY 261</u>	Human Sexuality	3
<u>SOC 110*</u>	Introduction to Sociology	3
<u>SOC 115*</u>	Social Problems	3
<u>SOC 120</u>	Marriage and Family	3
<u>SOC 200*</u>	Minority Group Relations	3

\* = This course satisfies DMACC's diversity requirement.

### C. Mathematics and Science 9 credits

Students must take one math course AND one science course with a lab. Note: ANT 202 does not have a lab. ENV 115 must be taken with ENV 116 to meet the science lab requirement.

Course	Course Title	Credits
<u>ANT 202</u>	Human Origins (no lab)	3
<u>BIO 104</u>	Introductory Biology w/Lab	3
<u>BIO 112</u>	General Biology I	4
<u>BIO 113</u>	General Biology II	4
<u>BIO 135</u>	Introduction to Botany	4
<u>BIO 138</u>	<u>Field Ecology</u>	3
<u>BIO 157</u>	Human Biology w/Lab	4
<u>BIO 164</u>	Essentials Anatomy/Physiology	5
<u>BIO 168</u>	Anatomy & Physiology I	4
<u>BIO 173</u>	Anatomy & Physiology II	4
<u>BIO 186</u>	Microbiology	4
<u>CHM 105</u>	Survey of Chemistry	3
<u>CHM 122</u>	Introduction to General Chemistry	4
<u>CHM 132</u>	Introduction to Organic/Biochemistry	4
<u>CHM 165</u>	General/Inorganic Chemistry I	4
<u>CHM 175</u>	General/Inorganic Chemistry II	4
<u>CHM 263</u>	Organic Chemistry I	5
<u>CHM 273</u>	Organic Chemistry II	5
<u>ENV 115</u>	<u>Environmental Science (no lab)</u>	3
<u>ENV 116</u>	<u>Environmental Science Lab</u>	1
<u>PHS 152</u>	Astronomy	4
<u>PHS 166</u>	Meteorology, Weather, and Climate	4
<u>PHY 106</u>	Survey of Physics	4
<u>PHY 160</u>	General Physics I	5
<u>PHY 161</u>	General Physics II	5
<u>PHY 213</u>	Classical Physics I	6
<u>PHY 223</u>	Classical Physics II	6
<u>MAT 110</u>	<u>Math for Liberal Arts</u>	3
<u>MAT 114</u>	Elementary Educators Math I	3
<u>MAT 116</u>	Elementary Educators Math II	3
<u>MAT 129</u>	<u>Pre-Calculus</u>	5
<u>MAT 130</u>	<u>Trigonometry</u>	3
<u>MAT 141</u>	<u>Finite Mathematics</u>	4
<u>MAT 156</u>	<u>Statistics</u>	3
<u>MAT 162</u>	Prin. of Business Statistics	4
<u>MAT 164</u>	Calculus for Business/Social Science	4
<u>MAT 211</u>	Calculus I	5
<u>MAT 217</u>	Calculus II	5
<u>MAT 219</u>	Calculus III	4
<u>MAT 227</u>	Diff Equations with Laplace	4

D. Humanities	9 credits
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Course	Course Title	Credits
_____ART 101	Art Appreciation	3
_____DRA 101	Introduction to Theatre	3
_____FLF 241*	Intermediate French I	4
_____FLF 242*	Intermediate French II	4
_____FLS 241*	Intermediate Spanish I	4
_____FLS 242*	Intermediate Spanish II	4
_____HIS 110*	Western Civ: Ancient to Early Modern	3
_____HIS 111*	Western Civ: Early Modern to Present	3
_____HUM 116*	Encounters in Humanities	3
_____HUM 120*	Introduction to Film	3
_____HUM 121*	America in the Movies	3
_____LIT 101*	Introduction to Literature	3
_____LIT 110	American Literature to Mid 1800's	3
_____LIT 111*	American Literature Since Mid 1800's	3
_____LIT 130*	African-American Literature	3
_____LIT 142*	Major British Writers	3
_____LIT 150*	World Literature I	3
_____LIT 151*	World Literature II	3
_____LIT 166	Science Fiction	3
_____LIT 185	Contemporary Literature	3
_____LIT 188	Detective Fiction	3
_____LIT 190*	Women Writers	3
_____LIT 193	Humor in Literature	3
_____LIT 209	Literature Film Adaptation	3
_____MUS 100	Music Appreciation	3
_____MUS 102	Music Fundamentals	3
_____MUS 202*	World Music	3
_____MUS 205*	Jazz History & Appreciation	3
_____PHI 101	Introduction to Philosophy	3
_____PHI 105	Introduction to Ethics	3
_____PHI 111	Basic Reasoning	3
_____REL 101*	Survey of World Religions	3

\* = This course satisfies DMACC's diversity requirement.

E. Distributed	9 credits
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Students must take 9 credits from any of the courses listed in categories A, B, C or D.

Course	Course Title	Credits
_____	_____	_____
_____	_____	_____
_____	_____	_____

F. Electives	19 credits
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This category allows students to take 19 credits of their choice, with exceptions (no more than 16 credits of vocational courses). Students can also use classes from categories A, B, C, or D to fill this requirement. See a DMACC Advisor for more information.

Course	Course Title	Credits
_____ACC 104	Fund. of Bookkeeping (Accounting II)	3
_____AGA 114	Prin. of Agronomy (Advanced Hort.)	3
_____AGS 113	Survey of Animal Indust. (Adv. Animal Sci.)	3
_____BCA 212	Intro. Computer Bus. Appl. (Comp Bus App)	3
_____BIO 100	Opportunities in Biology	1
_____CON 333	Materials & Con. Theory (Construct. Tech)	5
_____CON 336	Care/Use of Hand/Power Tools (Con Tech)	1
_____CON 337	Construction Blueprint Reading (Con Tech)	1
_____EDU 210	Foundations of Education (Teacher Acad.)	3
_____EDU 218	Teacher Internship (Teacher Academy)	2
_____EGT 410	PLTW Principles of Engineering	3
_____HSC 114	Medical Terminology (Health Occ. Acad.)	3
_____HSC 172	Nurse Aide (Health Occ. Academy)	3
_____SDV 134	CTE Employability Skills (Bus/Per Market.)	2
_____SDV 164	Elec. Portfolio Dev. (RISE: SDV 164)	2
_____SDV 212	COOP Career Seminar (RISE: SDV 212)	1
_____SDV 222	COOP Career Exp. I (RISE: SDV 222)	1
_____SDV 223	COOP Career Exp. II (RISE: SDV 223)	2
_____WBL 200	Practicum/Field Ex (Occupational Ex)	1
_____WEL 208	GMAW II (Advanced Welding)	2
_____WEL 228	Welding Safety/Health: SENSE1 (Welding)	1
_____WEL 233	Print Read/Sym Inter: SENSE1 (Adv. Weld.)	3

Course	Course Title	Credits
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

H. Diversity Requirement Options
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Complete 3 credit hours with a grade of "C" or better. The Diversity Requirement does not increase the number of credits for graduation. The courses marked with an asterisk (\*) in categories A, B, C or D will satisfy the Diversity Requirement.

For assistance with degree planning, contact your DMACC Career Advantage Advisor:

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