DMACC CAMPUS RECREATION

Fall 2026 INTRAMURAL SCHEDULE

EVENT	REGISTRATION DEADLINE	PLAY BEGINS	PLAY ENDS
Sports Leagues			
5 v 5 Soccer League	Monday, September 21	Monday, September 28	Monday, October 26
7 v 7 Flag Football League	Wednesday, September 23	Wednesday, September 30	Wednesday, October 28
Co-ed 6 v 6 Volleyball	Monday, October 26	Monday, November 2	Monday, December 7
Co-ed 4 v 4 Basketball	Tuesday, October 27	Tuesday, November 3	Tuesday, December 8
Women's 4 v 4 Volleyball	Tuesday, October 27	Tuesday, November 3	Tuesday, December 8
Men's 5 v 5 Basketball League	Wednesday, October 28	Wednesday, November 4	Wednesday, December 9
Fantasy Sports Leagues			
Fantasy College Football	Tuesday, September 1	Saturday, September 5	Monday, January 25
Fantasy Football	Thursday, September 3	Wednesday, September 9	Monday, January 4
NFL Pick'em	Thursday, September 3	Wednesday, September 9	Monday, January 4
NFL Survivor	Thursday, September 3	Wednesday, September 9	Monday, January 4
NCAA Bowl Pick'em	Thursday, December 10	Saturday, December 12	Monday, January 25
eSports Leagues & Tournaments			
Friday Night Series – Super Smash Bros Tournament	Friday, September 18	Friday, September 25	Friday, September 25
Friday Night Series – Madden 27 Tournament	Friday, October 2	Friday, October 9	Friday, October 9
PGA Tour 4 Week Tournament	Tuesday, October 27	Tuesday, November 3	Tuesday, November 24
Friday Night Series – Fortnite Tournament	Friday, October 30	Friday, November 6	Friday, November 6
Friday Night Series – College Football 27 Tournament	Friday, November 13	Friday, November 20	Friday, November 20
Friday Night Series – Mario Kart Tournament	Tuesday, November 24	Friday, December 4	Friday, December 4
Special Events & Tournaments			
Trail Point Night @ the REC	Wednesday, August 26	Wednesday, August 26	Wednesday, August 26
Drop-in Pop-a-Shot Event	Tuesday, September 22	Tuesday, September 22	Tuesday, September 22
Unified Sports Night @ the REC	Wednesday, September 23	Wednesday, September 23	Wednesday, September 23
Canoe Races	Thursday, September 17	Thursday, September 24	Thursday, September 24
Golf Tournament	Thursday, September 24	Thursday, October 1	Thursday, October 1
Glow in the Dark Volleyball Tournament	Thursday, October 8	Thursday, October 15	Thursday, October 15
State of Iowa Flag Football Tournament	Thursday, October 8	Saturday, October 17	Saturday, October 17
Drop-in Air Hockey Event	Tuesday, October 20	Tuesday, October 20	Tuesday, October 20
Halloween 5k Run/Walk	Thursday, October 22	Thursday, October 29	Thursday, October 29
State of Iowa Volleyball Tournament	Thursday, October 22	Saturday, November 7	Saturday, November 7
4 v 4 Water Volleyball Tournament	Thursday, November 5	Thursday, November 12	Thursday, November 12
The Winter Classic – Broomball Tournament	Tuesday, November 24	Thursday, December 3	Thursday, December 3

imleagues

You will need an IMLeagues account to participate in DMACC Intramurals. Follow the directions located on the backside of this flier to sign-up. Please remember to use your DMACC email address and that you need to be a current DMACC student (taking 6+ credits), faculty or staff to participate. If you have any questions please email Campus Recreation Coordinator, Andy Nelson at arnelson@dmacc.edu.

DON'T MISS OUR EVENTS!

SUBSCRIBE TODAY!

text DMACCSTUDENTLIFE to 833-302-1051

DMACC BEARS ESPORTS

eSports Hours

Monday-Friday: 12:00PM–7:00PM
Saturday-Sunday: Closed

WE ARE HIRING

Intramural Officials and Score Keepers
to apply at **JOBS.DMACC.EDU**

LEAGUE CAPTAINS MEETINGS

Soccer & Flag Football: Monday, September 21@ 4pm
Volleyball & Basketball: Tuesday, October 27 @ 4pm
Location: Student Life Office, bldg 5

All intramural participants will be required to create an account on **IMLeagues.com**.

Create an Account

Note: IMLeagues offers a live support button in the top right corner of all pages. Please use this button if you encounter any difficulties.

1. Go to **www.IMLeagues.com/schools/schoolID/Registration**
   OR Go to www.IMLeagues.com and click Create Account.
   Enter your information, and use your school email address (@dmacc.edu), and submit.
2. You will be sent an activation email. Click the link in the email to login and activate your IMLeagues account.
3. You should be automatically joined to your school. If not, you can search schools by clicking the "Schools" link.

How to Sign Up for an Intramural Sport

1. Log in to your IMLeagues.com account.
2. Click the Create/Join Team button at the top right of your User Homepage OR click on the "Des Moines Area Community College" link to go to your school's homepage on IMLeagues.
3. The current sports will be displayed. Click on the sport you wish to join.
4. Choose the league you wish to play in (Men's A, Men's B, Women, etc.).
5. Choose the division you'd like to play in (Monday 5PM, Tuesday 5PM, etc.).

You can join the sport one of three ways

1. Create a team (For team captains)

- Captains can invite members to their team by clicking the "Invite Members" link on the team page. Any invited members must accept the invitation to be joined to your team.
- If they've already registered on IMLeagues: search for their name, and invite them.
- If they haven't yet registered on IMLeagues: scroll down to the "Invite by Email Address" box, and input their email address.

2. Join a team

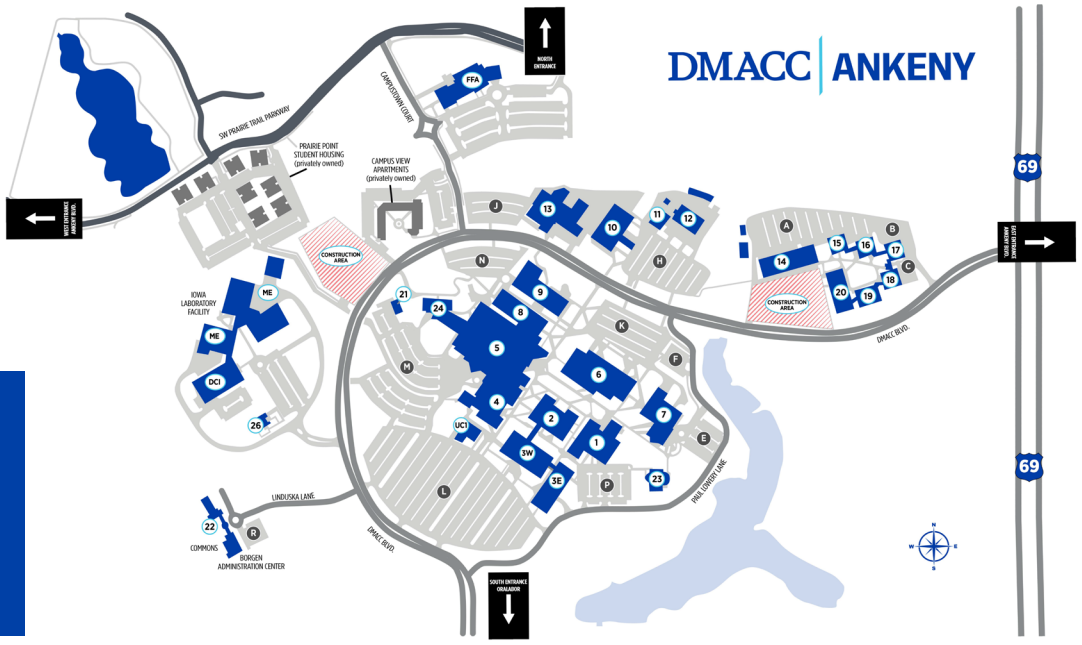
- Use the Create/Join Team Button at top right of every page.
- Accepting a request from the captain to join his team.
- Finding the team and captain name on division/league page and requesting to join.
- Going to the captain's playercard page, viewing his team, and requesting to join.

3. Join as a Free Agent

- You can list yourself as a free agent in as many divisions within a league as you'd like. You will be visible to all members of the site and can request to join teams, or post information about yourself so teams can request to add you to their team.

Scan to go to the IMLeagues website

Download the IMLeagues app



PARTICIPATION:
Open to ALL Current Students, Faculty and Staff

Follow us on
www.dmacc.edu/campusrecreation

DMACC CAMPUS RECREATION